



Values Sort Directions

- Print and cut out “cards.”
- Place ranking cards (Least Important – Most Important) before you. Set aside the blank cards.
- Shuffle the values cards.
- Consider each value card and place under the ranking card you deem appropriate.
- If you would like to add a personal value, write it on a blank card and place it in the ranking as well.
- Review the value cards that you ranked Most Important. If more than 10 cards are in this category, narrow it down to your top 10 Most Important values.
- Now, narrow down your top five Most Important values.
- Rank your top five Most Important values in order of importance.

Does the life you are now living reflect your most important values? Could an objective observer identify your values based on what they witness?

If you need help aligning your life with your values, contact Called2Rise LLC. I'd love to join you on your journey.



Called2Rise LLC

We don't know how high we can fly until we are called to rise.

Acceptance	Challenge	Dependability
Achievement	Change	Duty
Attractiveness	Comfort	Environment
Accuracy	Commitment	Faithfulness
Adventure	Compassion	Fame
Authority	Contribution	Family
Autonomy	Cooperation	Fitness
Beauty	Courtesy	Flexibility



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Caretaking	Creativity	Forgiveness
Friendship	Hope	Justice
Fun	Humility	Kindness
Generosity	Humor	Knowledge
God's Will	Independence	Leisure
Growth	Industry	Love
Happiness	Inner Peace	Mastery
Health	Integrity	Mercy



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Helpfulness	Intimacy	Mindfulness
Honesty	Joy	Moderation
Non-Conformity	Power	Self-Control
Nurture	Purpose	Self-Esteem
Openness	Rationality	Self-Knowledge
Order	Realism	Service
Passion	Responsibility	Sexuality
Patience	Risk	Simplicity



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Peace	Romance	Solitude
Pleasure	Safety	Spirituality
Popularity	Self-Acceptance	Stability
Tolerance	Virtue	Wisdom
Tradition	Wealth	World Peace
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Least Important	Not Very Important	Neither Important or Unimportant
Somewhat Important	Most Important	